

FAMILY ENGAGEMENT Newsletter



Dear Families,

Welcome to our Family Engagement Newsletter! We hope you enjoyed attending our Eid Card Workshop with your children! It was wonderful to see so many families coming together to celebrate this special occasion. The creativity and effort put into each card were amazing, and we loved seeing the beautiful designs the children created. Thank you for joining us and making the event so enjoyable. We're always looking for new ways to bring our school community together. If you have anything you would like to see happening in school please come along to our parent group meetings or email Miss Sajid at maria.sajid@grangetownprimary.com.



Eid Card Workshop



ASDA

Donation from Asda

Healthy eating is encouraged amongst our pupils here at Grangetown Primary School and we wanted to say a special thank you to Asda who kindly donated fruit to KS1. The children enjoyed bananas, cucumber, berries, oranges and melon!



Cooking on a budget Taster session Cardiff Metropolitan University

Our recent cooking session was a fantastic success! Dean, a highly skilled chef from Cardiff Metropolitan University got everyone together to prepare a delicious Chow Mein from scratch. Parents learnt new skills and shared tips along the way. The kitchen smelt amazing, and it was great to see so much teamwork and enthusiasm. The dishes looked and tasted incredible, well done to everyone who took part!

We'd love to do another one, so if you're interested, let Miss Sajid know. Check out the photos below to see what went on!





WIDENING Cardiff **ACCESS** Metropolitan **COURSES** University

Cardiff Metropolitan University are offering the below **free** accredited courses and have some spaces available!

Art & Design Portfolio Practice

(Accredited Module - Level 3, 10 University Credits)

- **Every Tuesday: 10.00am - 12.00pm**
- **11 March - 3 June 2025**
- **St Fagans National Museum of History**

You'll need a minimum GCSE English at grade C, or equivalent, to attend. Don't have this qualification? The university can advise of acceptable alternatives. This accredited course focuses on building your art and design practice more formally. It will take you on a journey which broadens your research and problem solving skills and strengthens your ability to exploring a theme creatively, whilst building on your existing knowledge of colour, design, and pattern. The course will enable you to showcase your skill, knowledge and ability to others in an enthusiastic and coherent way via the development of a portfolio.

Introduction to Youth & Community Work

(Accredited Module - Level 3, 10 University Credits)

- **Every Wednesday: 9:30am - 12:30pm**
- **14 May - 9 July 2025**
- **Railway Gardens, Splott**

You'll need a minimum GCSE English at grade C, or equivalent, to attend. Don't have this qualification? The university can advise of acceptable alternatives. This course is designed as an introduction for those who wish to undertake professional training in youth and community work, and work in communities with young people aged 11-25. Themes that will be developed within the course include: learning from experience, coping in new surroundings and understanding others. This course will provide an insight into the roles and skills required by those working with young people in the community.

All courses can be booked via the enrolment form here - https://cardiffmet.eu.qualtrics.com/jfe/form/SV_eWAB1DuPSmR1319?Q_JFE=qdg

parent line

Parent Line

Contact a school nurse for confidential advice and support via text message. To contact a school nurse, text **07312 263178**. Text messages are monitored between 8.30am and 4.30pm Monday to Friday (excluding bank holidays) and the Cardiff & Vale UHB School Nursing team aims to respond within one working day.

A school nurse can offer help and support for a wide range of topics, including emotional wellbeing, day and night time wetting, soiling, healthy eating, behaviour and relationships.



Useful links

Cardiff Family Advice and Support

www.cardifffamily.co.uk

School Essentials Grant

<https://www.gov.wales/school-essentials-grant-help-school-costs>

SNAP Cymru Helpline

0808 801 0608

<https://www.snapcymru.org>

Citizen's Advice

0808 278 7925

citizenadvice.org.uk/wales

Into Work Service

intoworkcardiff.co.uk

Food Bank - See Miss Sajid.

Foodbank

If you are in need of extra support, the school can issue a food bank voucher to help you access essential supplies. There is no need to worry, these vouchers are available to anyone who needs them. We understand that times can be tough, and we want to ensure that every family in our community has access to nutritious food. If you would like a voucher or need more information, please reach out. We are here to help.

FREE

Adult Learning Courses March 2025



Monday

None

Tuesday

Sewing

With Ceri
Every Tuesday
9:30 - 11:30am.



Driving Theory

With Raafia
Every Tuesday
12:00- 3:00pm.



Wednesday

'All about me' course

With Nikki
Every Wednesday
at 9:00-11:30am.



Essential Skills Literacy

With Tina
Starting 8th January
Every Wednesday
9:30-12:00pm



Digital Literacy

With Tina
Starting 8th January
Every Wednesday
1:00-3:00pm



Thursday

Level 1 Beauty Therapy Skincare

With Jackie
Every Thursday
at 9:30-11:30am.



Friday

None

**LEARNING
NEVER
ENDS**

More to follow...



CardiffMet Widening Access

Community to Campus: *Free short courses for Adult Learners*



Discover the power of community learning!
Enrol in our **free short courses** to acquire new skills,
help your career, and meet like-minded people

Upcoming course

Art & Design Portfolio Practice

Accredited module (Level
3, 10 University credits)

When & where

Every Tuesday
10am—12pm

Starting
11/03/25— 03/06/25
In St Fagans Museum

**Book
your place!**

<https://tinyurl.com/3rczvz2>



For more information contact Widening Access
at Cardiff Metropolitan University:

- 📞 029 2020 1563
- ✉️ wideningaccess@cardiffmet.ac.uk
- 📍 @wideningaccess

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YMESTYN YN EHangach REACHING WIDER



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

CardiffMet Widening Access

Community to Campus: *Free short courses for Adult Learners*



Discover the power of community learning!
Enrol in our **free short courses** to acquire new skills,
help your career, and meet like-minded people

Upcoming course

Youth & Community Work

Accredited module (Level
3, 10 University credits)

When & where

Every **Wednesday**

19.30am—12.30pm

Starting

14/05/25—09/07/25

at **Railway Gardens Splott
Cardiff**

**Book
your place!**

<https://tinyurl.com/3rczvz2>



For more information contact Widening Access
at Cardiff Metropolitan University:

 **029 2020 1563**

 **wideningaccess@cardiffmet.ac.uk**

 **@wideningaccess**

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